

Asher Kornbluth M.D., James George M.D., Peter Legnani M.D., Michele Hunt RPA-C
Phone: (212) 369-2490 Fax: (212) 831-3031

POUCHOSCOPY PREPARATION

PATIENT NAME: _____ Chart #: _____

APPOINTMENT LOCATION:

____ Carnegie Hill Endo: 1516 Lexington Avenue (98th Street) NY, NY 10029
Phone:(212) 860-6300

**** You must arrive 45 MINUTES prior to your appointment time to register****

APPOINTMENT DATE: _____ ARRIVAL TIME: _____

PLEASE NOTE:

- Do not take Aspirin one week before the procedure (Please check with your Primary doctor to confirm this).
- Do not take Iron products one week before the procedure.
- Avoid anti-inflammatory drugs (Advil, Motrin, Aleve, etc.) 1 day before the procedure.
- Please call us immediately if you are on Coumadin or Lovenox.
- Tylenol is ok to take up until the day before procedure.

ASK YOUR DRUGGIST FOR:

Two (2) Fleet or Tap water enemas

DAY BEFORE EXAMINATION:

NO SOLID FOODS. YOU WILL BE ON A LIQUID DIET THE WHOLE DAY.

Drink plenty of clear liquids- water, tea, coffee, broth, jello, fruit juice and carbonated drinks are included.

DO NOT TAKE RED LIQUIDS. Nothing should contain seeds or nuts.

On the day of the examination, just prior to coming to the office, please take two (2) Fleet or tap water enemas 10 minutes apart.

NOTHING BY MOUTH THREE (3) hours PRIOR THE PROCEDURE. NOT EVEN WATER.

You MUST have someone to accompany you to take you home after the procedure. Do not drive for 8 hours after the procedure.

IF YOU HAVE ANY QUESTIONS, PLEASE FEEL FREE TO CALL OUR OFFICE AT (212) 369 2490 AND WE WILL BE HAPPY TO HELP YOU.

X

Please Sign and return instruction sheet of date of Procedure